



Eat Fit Health Policies

PAYMENT, INSURANCE, and CANCELLATIONS

Payment is due the time of service. All services may be paid by check, Zelle, credit or debit card. Please make checks payable to Eat Fit Health. You can also pay online using Paypal, www.eatfithealth.com. A \$75 fee will be charged for returned checks. If you are using health insurance, please see below.

Insurance Billing will be done for clients who have a health plan in which Lori Enriquez of Eat Fit Health is a credentialed network provider. Due to the complexity of insurance plans, we are unable to know each client's reimbursements, deductibles, co-pays or coverage. Please contact your health insurance directly for your specific plan benefits and to determine if you need a referral from your health care provider. It is your responsibility to determine eligibility. Any co-pays are due the day of the appointment. If you want to file an out of network claim with your health insurance company, we will provide you with a receipt and superbill which you may file with your health insurance company. Eat Fit Health cannot be responsible for loss if benefits are denied. In the event your insurance company determines a service is "not covered" you will be responsible for the complete charge and payment will be due upon notice from our office. An estimate can be provided upon request.

Cancellations should be done greater than 24 hours before a scheduled appointment. If you do not cancel your appointment and are a no-show, you will be billed the full amount of your scheduled appointment. When you schedule an appointment, you are making a commitment not only to your health, but to the provider as well. Emergency situations should be communicated on a case-by-case basis.

HIPAA & CONFIDENTIALITY

All information disclosed within sessions is confidential as outlined in the HIPAA Notice of Privacy Practices found here- www.eatfithealth.com/forms/. If there is an imminent concern for the health or safety of a client information may be disclosed without a client's consent.

E-MAIL

E-mail offers an easy and convenient way for clients, patients, and healthcare professions to communicate. In many circumstances it has advantages over office visits. Tips for using email.

1. E-mail is never appropriate for urgent or emergency health problems. Contact your primary care provider or go to the nearest Emergency Room.
2. Email is great for asking questions that do not need a lot of discussion. Email is also useful for sending information requested for your appointment, your appointment summary, and educational handouts.
3. E-mail may not be confidential. If you are sending e-mail from work, your employer has the legal right to read your email if they choose. Eat Fit Health has extra security encryption features from their e-mail provider to keep your e-mail messages safe.
4. E-mail may become part of your medical record.

- ☐ I have read and understand the information above.
- ☐ I acknowledge the HIPAA Notice of Privacy Practices.

Client Printed Name

Client Signature, Parent, or Representative

Date:

Email: