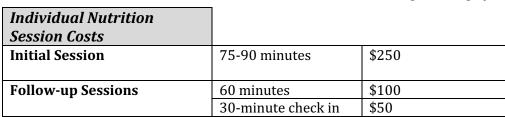
2024 SERVICES & RATES

private pay



Nutrition Packages*		
Kickstarter -	1 Initial Session +	\$375
1 month	2, 60 Minute	(\$75 savings)
(3 sessions)	Follow-up Sessions	
Reboot -	1 Initial Session +	\$600
3 months	5, 60 Minute	(\$150 savings)
(6 sessions)	Follow-up Sessions	
	every other week	
Life Changer -	1 Initial Session +	\$1150
6 months	11, 60 Minute	(\$200 savings)
(12 sessions)	Follow-up Sessions	
	every other week	

^{*} Payment can be made online with a credit card or debit card. Packages must be used within 12 months of purchase date. Installments for packages accepted.

Health Education Services		
Wellness Review A review of your medical conditions, lifestyle, family medical history, and/or labs. Guide you about prevention, health monitoring and questions to ask your doctor or healthcare provider to live your healthiest life.	60 minutes	\$200 stand-alone
Detailed Health Education Review your medical history, symptoms, tests, health conditions, and lifestyle. Provide health education specific to your needs.	75-90 minutes Great for Celiac Disease, Diabetes, Prediabetes, Food Allergy, Lyme Disease, Mold Illness, Thyroid Disorders like Hashimoto's, PCOS & More!	\$250 stand-alone

Payment Methods: Cash, Check (\$50 returned check fee), American Express, Discover, MasterCard, Visa, and PayPal accepted for payment. Payment is due at time of service. 24-hour cancellation policy or billed at service rate.

FOR OTHER CONSULTING SERVICES & RATES PLEASE CONTACT US!