



www.eatfithealth.com

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Eat Fit Health Policies

PAYMENT & CANCELLATIONS

Payment Payment is due at the time of service. All services may be paid by check, cash, credit or debit card. Please make checks payable to Eat Fit Health. You can also pay online on www.eatfithealth.com using PayPal. A flat fee of \$35 will be charged for all returned checks. For clients with Independence Blue Cross health insurance plans see below.

Insurance Billing Lori Enriquez of Eat Fit Health is a credentialed network provider for Independence Blue Cross. Due to the complexity of insurance plans we are unable to know each client's reimbursements, deductibles or coverage. Please contact your health insurance company directly for your specific plan benefits and to determine if you need a referral from your physician. In some cases, we will be able to file insurance on your behalf - this requires pre-authorization by your insurer and it is your responsibility to determine eligibility. Any co-pays are due at the start of the appointment. If you want to file to your health insurance, we will provide you with a signed receipt or completed and signed insurance claim for your payment, which you may file with your insurance company. Eat Fit Health cannot be responsible for loss if benefits are denied. In the event your insurance company determines a service "not covered" you will be responsible for the complete charge and payment will due upon notice from our office.

Cancellations There is a 24-hour cancellation policy. If you do not cancel your appointment within 24 hours and are a no-show you will be billed the full amount of your scheduled appointment. When you schedule an appointment you are making a commitment not only to your health, but to me as well. Your consideration is appreciated!

CONFIDENTIALITY

All information disclosed within sessions is confidential as outlined in the HIPAA Notice of Privacy Practices.

E-MAIL

E-mail offers an easy and convenient way for patients and health care professionals to communicate. In many circumstances, it has advantages over office visits or telephone calls. However, there are important differences. E-mail is not the same as calling our office or scheduling an appointment. Below are our rules for contacting us using e-mail.

- E-mail is never appropriate for urgent or emergency problems! Please call your doctor or go to the Emergency Room.
- E-mail is great for asking questions that do not require a lot of discussion, or sending information requested during our session. Another appropriate use of e-mail also includes appointment and scheduling requests.
- E-mail should never be used to communicate sensitive medical information, such as information discussing mental health, substance abuse, developmental disability, or AIDS/HIV.
- E-mail is not confidential. It is like sending a post card through the mail. You should know that if you are sending e-mails from work, your employer has the legal right to read your e-mail if he or she chooses. Eat Fit Health uses a special encryption service from Zix Corporation for emails that we send which contain any information that is confidential.
- E-mail may become part of the medical record when we use it; a copy may be printed and put in your chart

☐ I have read and understand the information above.

☐ I acknowledge that I have received, have been given the chance to review, or have declined to accept the HIPAA Notice of Privacy Practices.

☐ I do want to communicate with my nutritionist/dietitian and health educator electronically. I have read the above information and understand the limitations of security on information transmitted

Client Printed Name or Personal Representative

Client Signature or Personal Representative

Date:

E-mail: