



www.eatfithealth.com

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Authorization for Release of Information

Bring completed form to office visit or
Fax completed form to Eat Fit Health's secure fax line: 1-888-979-9268

I, _____ (print patient/legal guardian), authorize the health care provider(s) listed below to release/receive any information related to the development, implementation and evaluation of my individual treatment plan to/from Lori Enriquez, MPH, RD, CHES, LDN.

1.	Provider Name:	
	Clinic or Office Name:	
	Phone Number:	
	Fax Number:	
	Email:	
2.	Provider Name:	
	Clinic or Office Name:	
	Phone Number:	
	Fax Number:	
	Email:	
3.	Provider Name:	
	Clinic or Office Name:	
	Phone Number:	
	Fax Number:	
	Email:	

Signature of Patient or Legal Guardian

Date